What we offer to the community

Pre-school classes

Classes are for parents and children under the age of five years. Sowing the seeds of spiritual wisdom in young hearts, this is a unique class for pre-school and nursery children to help develop the spiritual and value centred aspect of their personality.

Children classes

A weekly gathering of children, between the ages of 5-15 years under the supervision of trained teachers. Our aim is to develop future citizens who will contribute positively to the community.

Youth development classes

These classes aim to empower youth with the vision, values and dynamism for success in all fields.

For adults

Discussion groups aimed at finding solutions to day-today problems and to improve one's standard of life. Seminars conducted by using visiting teachers on how to deal with basic life skills mainly stress, inter-personal relationships, meditation etc.

For families and parents

Public seminars by visiting speakers Workshops, Yoga classes Spiritual camps, Women's retreat Parenting relationships' workshops



Chinmaya Mission New Zealand

WELLBEING CENTRE

A centre for inner wellbeing, higher living & character building

VALUES | CULTURE | CHARACTER

WELLBEING

63 McKenzie Road, Mangere, Auckland Contact: 09 2756954 Email: secretary@chinmaya.org.nz www.chinmaya.org.nz | www.facebook.com/cmnz.page



WELLBEING FACILITIES

Community hall



A community hall with a capacity of 240

Classrooms



Five classrooms with a capacity of 30 children in each room

A community education facility for the holistic development of children and youth

